

Outer Hebrides ADP

Benzodiazepine Awareness

Our training attracts attendees from a wide range of sectors and we encourage active participation in our sessions through group discussions and by inviting individuals to offer comments on issues relevant to their role. If you have any concerns about participating within this interactive format please highlight this in the additional needs section of the booking form..

Overview

This online training aims to increase awareness and knowledge of Benzodiazepines and participants will have the opportunity to explore current and emerging trends within use of this substance. The training will consider harm reduction and support strategies.

Learning Outcomes

By the end of the session participants will be able to:

- Recall the current trends and emerging trends with benzodiazepines including street Valium and unlicensed benzodiazepines.
- Identify the physical and psychological/cognitive effects of benzodiazepines.
- Identify effective strategies and techniques for working with people who use benzodiazepines including harm reduction and anxiety management.
- Describe the role of benzodiazepines in poly-drug use, overdose and DRDs.
- Identify effective strategies and techniques for working with benzodiazepine users including harm reduction and anxiety management.

Date: 5th September 2024

Time: 9:15am - 1:30pm

TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS

Booking Information:

To book a place please follow this link: [Benzodiazepine Awareness](#). You may have to Create an Account if you don't already have one.

Please email: Mariem@sdf.org.uk if you have any general queries about this event.

Please make sure you can attend if you book a place. Courses are very popular so if you find you are unable to make it then **please let us know as soon as possible** so we can allocate your place to someone on the waiting list.